

Stirling Senior Public School

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Superintendent: Mandy Savery-Whiteway

Trustee: Bonnie Danes

School Council Chair: Iris Wilson

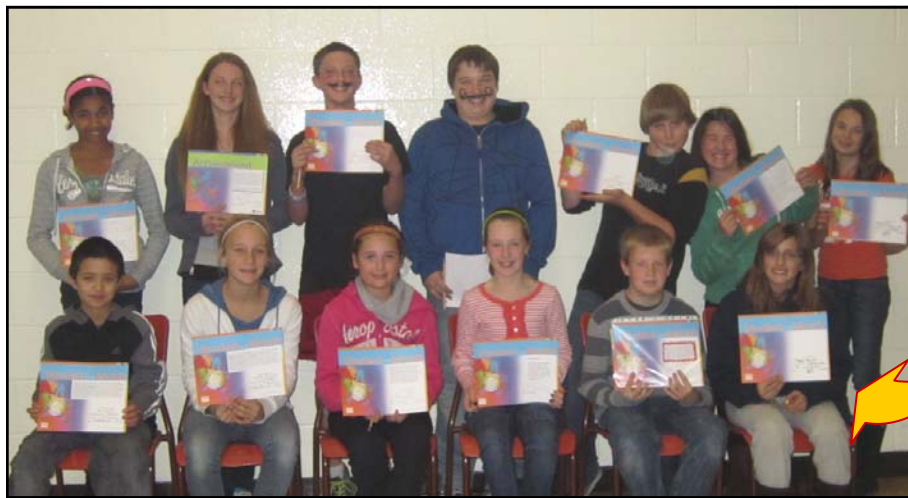


December 2011



Stirling Senior P. S. is Growing with Character!

We demonstrate...Caring, Cooperation, Honesty, Humour, Integrity, Respect, Responsibility and Trustworthiness.



Our **RESPONSIBLE** students for the month of November were: **Back Row:** Kayla B., Nicole F., Seth N., Daniel V., Luke O., Jackie C., and Bronwen P. **Front Row:** Kai C., Mirisha R., Heather R., Rylee B., Kyle E. and Maggie H.

During November, Movember is responsible for the sprouting of moustaches on thousands of men's faces, in Canada and around the world. Mr. Keane and Mr. Wolff participated in this month-long event. With their "Mo's", they raised vital funds and awareness for men's health, specifically prostate cancer. Thanks to all those that supported this cause.



SSPS was honoured to have Mr. and Mrs. Demczyna (Mr. D's parents) share in our Remembrance day events. Mrs. Demczyna read from the book From East to West (written by Mr. D's grandmother). The personal connections shared about the positive impact that soldiers had on their lives was a powerful message for staff and students. As a school we also had an opportunity to share in the Stirling Cenotaph ceremonies.



Hastings and Prince Edward District School Board
613-966-1170





Stirling Senior P. S. supports the Arts!

We foster the many talents in interests of our students in the arts (visual arts, drama, dance and music).

Arts Showcase



Everyone is invited!

Come out enjoy the sounds and talents of SSPS students at our

ARTS SHOWCASE

Date: TUESDAY, DECEMBER 20th

Time: 7:00 to 8:00 (approximately)

Location: Stirling Senior Public School Gym

Throughout the evening you will enjoy the talents of the SSPS band and choir performing a few holiday classics. We will also have art work on display and students performing dance numbers they have created.

SSPS is doing a Musical

Mrs. Cooney, Miss Vandersel and Ms. Mercer are collaborating to produce a musical...and this year's selection is **Seussical, Jr.**

This musical brings to life many of our favourite Dr. Seuss characters, including Horton the Elephant, The Whos of Whoville and The Cat in the Hat. Some

Mark your calendar!

recommended reading in preparation for our performance

includes; *Horton Hears a Who!*, *Did I Ever Tell You How Lucky You Are?*, *One Fish Two Fish Red Fish Blue Fish*, *The Cat in the Hat*, *If I Ran the Circus*, *McElligot's Pool*, *Green Eggs and Ham*, and *Yertle the Turtle*.

So get ready to enjoy a magical musical extravaganza at SSPS!

Tuesday, April 3rd, 2012 and Wednesday, April 4th, 2012

(Ticket information to determined)



Integrating 21st Century Skills into the Arts

At SSPS this year we are integrating iPods into teaching and learning opportunities. Students are provided with diverse experiences across subjects to use the apps on our school iPods or their own personal mobile devices. To support the Arts, the GarageBand app has been placed on our school iPods. Garage Band is an application that allows students to create original pieces of music with little or no musical background. Using the prerecorded "loop" tracks, and touch instruments available in GarageBand, students can create background music for slideshows or video clips they create, or as part of an oral presentation. The software can also be used to record vocals or live performances using the built in microphone on the ipod, and allows students to use the variety of tools to add special effects to their piece.



Students in 7C used iPod apps to edit and produce their Public Service Announcements (PSA). They used applications such as Reel Director, iMovie and Splice. Some students have used Garage Band to add music to their production.



Stirling Senior P.S. is a safe school!

We believe that a safe school is a prerequisite for student success and academic achievement.



Yard Safety

Snowballing is an action that could result in someone being seriously injured or property damaged or destroyed. Consequently, students are not permitted to throw snowballs on school property. Following an incident of snowballing the following steps will be taken: **1st incident:** student counselling and /or loss of recess time, receipt of a letter of explanation to parents to be signed and returned. Students must bring this letter back the following school day to return to recess privileges. **Repeat incidents:** Formal school consequences will be applied. A student could receive an in-school withdrawal or a suspension if a snowballing incident is determined to be deliberate and has resulted in student injury. We need everyone's cooperation to maintain a safe environment at school.



D.A.R.E. program

Grade 8 students at SSPS will be participating in the D.A.R.E. (Drug Abuse Resistance Education) program from January to April. Constable Scott Burke with the Stirling-Rawdon Police Service will be leading the series of 10 classroom lessons that teaches students through discussions, videos and scenarios how to resist peer pressure and live productive drug and violence-free lives. Parents are encouraged to engage in conversations with their children about what they are learning and goals they are setting.



WE ARE A HEALTHY ACTIVE SCHOOL



Benefits of a Healthy School

A HASC school not only benefits the students but school staff, parents, and families as well.

- 🍏 improved student concentration and ability to learn
- 🍏 active students and staff
- 🍏 improved morale
- 🍏 fewer days missed
- 🍏 closer ties between staff, students and parents
- 🍏 improved physical, social and emotional development for students
- 🍏 improved ability to face life's challenges
- 🍏 contributes to a safe school environment


HEALTH leads to SUCCESS
Together we can make it happen!

Adapted from
Physical & Health Education Canada
(PHE Canada), Quality School Health, Promoting QSH

Indoor Air and Your Health



What you breathe affects your health. Indoor air pollutants can be harmful to your health. Children and those with existing health conditions are more at risk to harmful effects. To learn how to keep your indoor air clean, call or visit:

613.966.5500 **Health Unit**
1.800.267.2803
TTY 613.699.3036  Hastings & Prince Edward Counties
Yourhealthunit.ca



Before heading on vacation, make sure to visit our travel clinic to ensure your family is protected while away.

Call the number below at least 8 weeks before your trip to book an appointment.
613-966-5513 x 624

 Hastings & Prince Edward Counties
Visit www.yourhealthunit.ca for more info





Stirling Senior P. S. and Bayside Secondary School partner to support Student Success!

We wish the best for each student when they leave SSPS.

Fun and Fitness day at BSS

SSPS Grade 8 students received a warm welcome from Bayside student leaders when they participated in the Fun and Fitness day at BSS. Students were divided into 4 teams (representing Bayside's house system), created team cheers and competed in various activities.



Grade 8 students participated in a variety of activities at Bayside Secondary that introduced them to experiences available to them once at high school. Students returned to SSPS energized about grade 9 and aware of many ways for them to get involved!

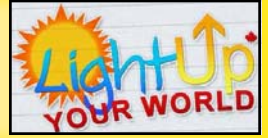
RED DEVIL Swimming – Will this be a pathway choice for SSPS students?

Every year from early Nov. to March, a dedicated group of students swing blindly at their alarm clocks in the wee hours of the morning and groan as they stumble out of bed and shake off the cold and get ready for another grueling morning practice session at the pool. As they scamper in and get warmed up, the morning silence is broken with the sound of 35-40 bodies slicing methodically through the water, slowly building up their tempo and speed with each pull and kick. As their heart rates climb and their pace quickens, the atmosphere comes alive as mind and body alike sharpen and are ready for the challenges that lie ahead. This is Red Devil Swimming, a sport that welcomes all, regardless of ability and experience. All those who take on this challenge can expect a rigorous workout, challenging drills, and will learn that through hard work and adversity comes great reward. BSS swimmers have been on a role as of late, crowned as overall champions at both the Bay of Quinte and COSSA level. The boys are the reigning two time Bay of Quinte and three time COSSA champions, and the girls, who finished second overall the last three seasons at Bay of Quinte and COSSA, took the Bay of Quinte Championship last season. Bayside swimmers have also represented well at the provincial level, sending 14 swimmers in 2011 and 16 in 2011 to the OFSAA. Great results have been had at OFSAA, with many finishes in the top 8 in the province. The beauty of swimming is that regardless of your starting point, you will improve your fitness, work ethic, and performance by the end of the season. We encourage anyone who is interested in staying fit over the winter months to consider joining the BSS swim team.



Stirling Senior P.S. students can Light Up Your World!

Our students are learning to take responsibility for building a brighter future for all of us.



SSPS Students Light Up Our World

Every student at SSPS will have some participation with The Light Up Your World program this year. The goals of the program are to:

- ⇒ Impart value to every student
- ⇒ Empower students to impart value to others
- ⇒ Give students strategies on how to make a positive difference in their world
- ⇒ Enable students to see themselves as world changers and to begin walking as a world changer NOW!

In conjunction with our Bullying Awareness and Prevention activities students in 6C and 6D took part in an assembly where they were introduced to the concept that they have power to create Light or Darkness in our World. Students learned how they can create "Light" through their positive choices and kindness towards others. This concept will also be a component of the Level 1 training that 6/7V, 7C and 7K will take part in during the week of Dec. 5th. The remainder of our classrooms, 8M, 8W and 8 M/C took part in the Level 2 training. In this level students were challenged to be world changers. They were encouraged to take responsibility and not wait for others to make the difference.

We are excited to see the actions that our students will commit to carrying out. Staff and students have expressed how pleased they have

been with the program. We are very thankful to the energetic and caring instructors Kathy Maietta and Mark McFaul.





Stirling Senior P. S. supports Community Connections!

We know it takes the support of many people outside of our school for our students to achieve their potential.

Rotary Club Volunteers

We are thankful to the Stirling Rotary Club volunteers, Darcy, Jim and Andrew (absent from photo) for their support toward our student's success. They have engaged some of our grade 6 students in projects that involve research, collaboration and production of a model.



Please support Food for Learning's Feed the Meter Campaign

You will notice that in downtown Belleville, Picton and Trenton, where you would normally have to pay for parking in a meter, that parking is free during the month of December. However, if you are passing by a parking meter during this Holiday season, please continue to put your coins in to 'feed' the meter. In **Stirling**, Bancroft and Frankford, you might not see parking meters along the streets, however, this December, temporary parking meters will be placed throughout the community, inviting you to 'feed' those meters as well! All funds raised through the Feed the Meter campaign will benefit Food for Learning programs – and the funds raised in each community will stay in that community. The parking meters are hungry, just like some of our students, so please "Feed the Meter" this holiday season and help to raise funds for our school's Food for Learning program. If you would like more information about the Feed the Meter campaign, or to make a donation, please contact Kellie Brace, 613-966-1170, ext. 2232 or kbrace@hpedsb.on.ca



KRAFT goods food drive

As apart of our continuing effort to support **Stirling Hockeyville 2012** we are collecting non-perishable KRAFT food goods which will be donated to the Food Bank prior to Christmas. In conjunction with this cause we are trying to collect 200 boxes of KRAFT dinner to be used for a **KRAFT Dinner Dominos** event on **December 20th**. Help support the Food Bank and our demonstration of community spirit for Hockeyville by donating Kraft Dinner. Thanks!



Thank you Vitos Pizza!



Iris Wilson, SSPS School Council Chair presents a plaque to **Vito's Pizza** as a thank-you to their continued support of the three schools in Stirling. Vito's Pizza has been flexible to accommodate our lunch time needs and the Ministry Food and Beverage Guidelines.



Stirling Senior Public School Fundraising

Fundraising helps enhance programs & services for our students. We appreciate the support of our community!



Spirit Wear Sales

We are happy to inform you that we have some SSPS Spirit Wear items on sale in time for Christmas! There is a limited selection of sizes and colours (see chart below). Students and families are encouraged to view the display in the front showcase and try on sizes. If interested please contact the school office.



Item	Qty.	YS	YM	YL	SM	M	LG	Sale Price
Performance Hoody - no zipper	1				black			\$45.00
Hoody - Full zipper	1 each					black		\$45.00
Regular Hoody-Mens red/black or black/red	1 each					red/black	black/red	\$42.00
Short sleeve wicking T-shirt black or red	1 each	black		black	red		red	\$25.00
T-shirt - mens	1					red		\$11.00
T-shirt girls/ladies red	1 each					red		\$11.00
Dazzle shorts youth/adult	1 each	red	red			black	black	\$30.00
Sweat Pants youth/adult	1 each		black	black			black	\$25.00

Fundraising Success



We are very thankful to the community support of our MacMillan's fundraiser. We especially appreciate the volunteer hours of our School Council to take care of many of the operational items behind the scenes.

Of course, we must also thank all the students for their hard work selling. Congratulations to our top seller **Reese R.** Reese receives **\$50.00** worth of iTunes gift cards. Our other draw winners of **\$25.00** iTunes gift cards were Nicole F., Jade M., Amanda N., Owen C., Raylind P., and Justin G. (absent from the photo).



Products will be delivered to the school on Tuesday, December 13th. **Please remember that because these items are a frozen product, they must be picked up that day! Pick up times will be between 2:30 pm and 5:30 pm.** Students can take orders home on the bus if they fit into their back packs.

Our fundraising efforts this year will support technology enhancements for students.

Thank you for supporting Stirling Senior Public School.





Stirling Senior P.S. is focused on school improvement!

Students are provided with intentional learning experiences and specific feedback to support their growth across subjects.

Curriculum Chat with 8 M/C

In our quest to answer the critical question: "What is the basic structure and function of plant and animal cells?", the Grade 8 students in 8MC have been learning about Cell Theory. Cell Theory postulates that the cell is the basic unit of life; that all cells come from pre-existing cells; and that all living things are made up of one or more cells.

Students have had opportunities to develop their investigation and research skills while also having the concept of Cell Theory reinforced through many interactive activities. The Five Kingdoms (e.g., plant, animal, fungi, protista, moneran) was studied, and the class enjoyed the "Rawden Creek Pond Study" where everyone had the opportunity to discover something "alive" in the water. Additionally, a microscope has been used collaboratively to view microorganisms; a research assignment designed to discover the specialized cells of two diverse organisms is almost completed; and, through class discussions, we have considered how issues such as stem cell research and cloning, and our knowledge of cell biology, as it relates to the underlying causes of many human illnesses and diseases, continue to be sources of greater understanding and ongoing debate in our society.

Using their Communication Skills, students have created drawings of both plant and animal cells which demonstrate basic cell structure. Using this understanding, students have been able to identify the organelles in cells and describe the basic function of each (e.g., the nucleus hold the genetic information).

A next step on the journey of discovery is to link together the connection between uni and multicellular organisms to better understand how human body systems, and human health, are directly linked to each cell's specific role. Students will associate the role of the cell in building tissues, organs, and the systems that work together to create a healthy organism, while also taking the time to consider the factors that contribute to our well-being and, alternatively, the factors that can cause harm to our body systems.



Diverse experiences, such as a pond study, supports the diverse learning styles of our students.



Students drawings are on display to represent their understanding of organelles in cells and their basic functions.



Stirling Senior Public School is Eco Friendly!

For our complete newsletter please visit our school website at <http://edu.hpedsb.on.ca/stirs/>



Student Absences / Bus Cancellations

If your child is unable to attend school for any reason, please call us at 613-395-3389 and leave a message indicating the reason for the absence. Attendance checks are done to ensure the safe arrival of your child. Also, as the cold weather looms ahead, remember to listen for bus cancellations which are broadcast on all area radio stations. You can also view a list of bus cancellations on the Tri-Board Transportation's web site at www.triboard.on.ca.



Skating at Stirling Arena



Arena on **Mon., Dec. 19th**. Students will be divided into two groups: **Group 1)** 6C, 6D, 6/7V and 7K will walk to the arena at 9:30 and skate between 10:00 and 11:00. **Group 2)** 7C, 8W, 8M and 8MC will walk to the arena at 11:00 and skate between 11:30 and 12:30.

The use of a **helmet is strongly recommended** as well as gloves or mittens. The cost for each student to participate is \$1.00. **Please send in your loonie as soon as possible.**



Highlights of our December on-line newsletter include:

- ⇒ SSPS students are growing with character.
- ⇒ Upcoming Arts Showcase and Musical.
- ⇒ Use of iPods to support the Arts.
- ⇒ Expectations around snowballs.
- ⇒ D.A.R.E. program for grade 8 students.
- ⇒ Fun and Fitness day at BSS for grade 8 students.
- ⇒ Light Up Your World program for all SSPS students in conjunction with Bullying Awareness and Prevention Week activities and next steps.
- ⇒ Rotary Club members support student success.
- ⇒ Food For Learning Feed the Meter campaign.
- ⇒ Stirling Hockeyville KRAFT Dinner Dominos event.
- ⇒ Thank you to Vito's Pizza.
- ⇒ Spirit Wear sales.
- ⇒ Fundraising Success.

Food For Learning

At SSPS we offer healthy snacks to any student that is hungry throughout the day. We are finding that these snacks are being accessed by a large number and variety of students across the school. Financial donations from the community to offset our costs would support us to maintain this rate of usage. If you have any questions please feel free to contact the office.



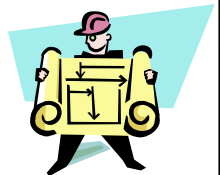
Congratulations to **Jack S.** from 6D who was our November newsletter draw winner. Don't forget to visit our website to view the full newsletter and hand in your slip (found on top of the calendar) for your chance to win!



Public information meeting for the new Stirling school

Plans for the new Stirling school are progressing! This is welcome news for our school community as many families want to know more about this project. The new school is scheduled to open in September 2013.

Please mark your calendar and plan to attend a public information meeting on **Thursday, December 8, 6:30 p.m.**, here at Stirling Senior Public School. This meeting will provide project timelines, available funding details and site plans. Members of the public will be able to provide comments or ask questions following the presentation. Another meeting is scheduled for **Tuesday, January 17, 2012**, same time and location.



For information about this meeting, please contact: Suzanne Cholasta, Principal at 613-395-3389 Sandy Smith, Community Engagement Coordinator at 613.966.1170 or 1.800.267.4350, extension 2270, by email at smith@hpedsb.on.ca, or by fax at 613-962-1048

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December 2011

Parents / Guardians - Did you check out our December newsletter on-line?




















Answer the following question and return the slip for your child's chance to win! **Question:** What are the names of our three Stirling Rotary Club volunteers?

Answer: _____

Student

Class

Parent/Guardian

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>We wish everyone a safe and enjoyable Winter Break - Dec. 26th to Jan. 6th.</p> <p>We will see all students back at school on Monday January 9th!</p>				<p>1 (Day 4) Gr. 8's to BSS for a Presentation</p> 	<p>2 (Day 5) Student of the Month Assembly</p>   <p>Stirling Santa Claus Parade</p>	<p>3</p>
<p>4</p> 	<p>5 (Day 1) 6/7V, 7C, 7K participating in Light Up Your World</p>	<p>6 (Day 2)</p> 	<p>7 (Day 3) JR Boys Volleyball</p>  <p>7C & 7K to Panto of the Opera</p>	<p>8 (Day 4) - JR Girls Volleyball</p>  <p>- Gr. 8's to Puss in Boots</p> <p>- Public Meeting 6:30</p> 	<p>9 (Day 5) Light Up Your World 6/7V, 7C & 7K</p>	<p>10</p>
<p>11</p> 	<p>12 (Day 1)</p>	<p>13 (Day 2) Fundraising to be picked up 2:30 to 5:30 pm</p>  <p>District Volleyball TBD</p> 	<p>14 (Day 3)</p>	<p>15 (Day 4) SSPS Speeches in the gym</p>	<p>16 (Day 5)</p>	<p>17</p>
<p>18</p>  <p>Skating at arena for all students</p>	<p>19 (Day 1) KRAFT Hockeyville event</p>  	<p>20 (Day 2) Dominos - 7:00 Arts Showcase</p>  	<p>21 (Day 3) 6C, 6D & 6/7V to Puss in Boots</p>	<p>22 (Day 4)</p>	<p>23 (Day 5) Caroling in the gym</p> 	<p>24</p>
<p>25 Merry Christmas</p> 	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31 Happy New Year</p> 
<p>Upcoming Dates: Jan 17th - Public Meeting re: New Stirling school Feb. 2nd - School Ski Trip to Batawa Ski Hill (more info to come) Feb. 3rd - PA day Feb 20th - Family Day Feb. 24th - Term 1 Reports sent home March 8th - Brimacombe Ski Trip (more info to come)</p> 